



PERSONALLY CURATED WINE & FOOD JOURNEYS

PORTUGAL



DISCOVER PORTUGAL'S WINE REGIONS 7 DAYS

Immerse yourself in the delights of Portugal's greatest attractions—Lisbon, Porto and the Douro Valley. Exquisite tastings hosted by a Master of Wine, designed for wine and food lovers.

- Experienced European wine region tour host
- Six nights in two selected 4-star hotels
- Stay in proximity to city centre
- Discover the foods of Lisbon
- Guided visit of the sprawling Alentejo wine region
- Guided tasting and lunch in coastal Barraida's Palace Hotel do Buçaco
- Guided visits in Dao region to Quinta dos Carvalhais
- Discover famous wines of Porto
- Travel the terraced Douro Valley for port tasting in Pinhao
- Lunch alongside the Douro River in Folgosa
- Hop across the Douro to Villa Nova de Gaia top Port House tastings



DAY 1 Lisbon

Welcome to the city of seven hills, and Portugal's capital, rich in seafaring history. We meet late afternoon at our hotel, then explore the city's dining quarter at a popular cantinho.

DAY 2 Alentejo

Visit Portugal's largest denomination de origin (DO). We head east towards Reguengos de Monsaraz to taste rediscovered alicante bouschet reds from an extensive vineyard holding, lunch in a local winery restaurant. Afterwards take an afternoon visit to a limestone-clay-marble-laced vineyard and quinta near Estremo. Return to Lisbon.

DAY 3 Alentejo

Return north-east towards the high country, to Portalegre; visiting recently-established table wine estates. Taste local Evora cuisine before an afternoon sojourn in Sousel at a eucalypt-lined estate planted 1894, Alentejo's oldest. Return to Lisbon.

DAY 4 Bairrada

Head north, past the near coastal vineyards, arriving at Amoreira da Gandara, visiting an estate famous for the бага grape; then taste and lunch at the magnificent Palace Hotel do Buçaco, where the Duke of Wellington stayed in 1810. We arrive at our Porto Hotel afterwards.

DAY 5 Dão

Today we track south and cross the Douro River to Fornos de Algodres, the quintessential region cultivating touriga nacional as table wine outside Viseu, planted 1988. We lunch locally, then visit a Lagarinhos estate founded in 1892. Return to Porto.

DAY 6 Douro Valley

Our day in port country. Enjoy a scenic drive up the graceful Douro River to Pinhao, visiting hillside port making wineries established in 1896 and 1815. Next indulge in a riverside lunch in Folgosa. Return to Porto.

DAY 7 Vila Nova di Gaia

Take a walk across the Douro River to the ancient port maturing enclave of Vila Nova di Gaia. Visit port shippers for tastings of tawny, ruby, white and vintage ports, and enjoy cellar tours. Have a celebratory send-off with the best of Porto cuisine at a final dinner.

DAY 8

Tour ends.

